

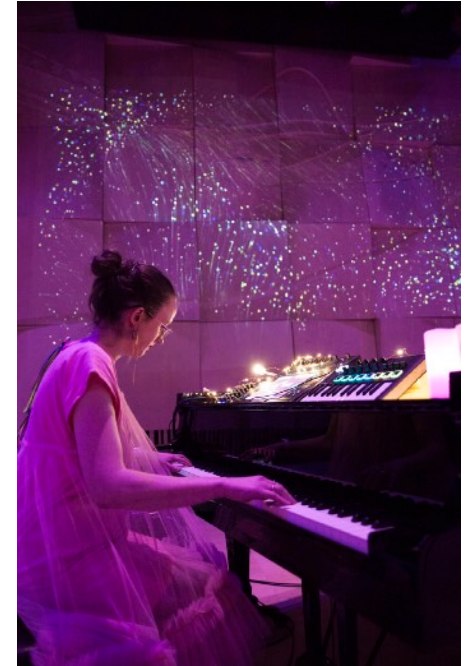
Nat Bartsch's *Forever Changed* stage plan and access guide

Pianist/composer Nat Bartsch's *Forever Changed* is an album that celebrates Nat's discovery of her autistic/ADHD identity.

All live performances of *Forever Changed* use lighting, video and sound that are intended to reflect neurodivergent sensory needs. In Relaxed performance settings, this is expanded to include additional supports to assist neurodivergent and disabled audience members to enjoy the show.

The music and live show have been developed in consultation with other neurodivergent people, music therapists and access consultants.

Forever Changed is a scalable surround sound show to suit a diversity of venues and spaces. It can be presented in a constellation system, 4 to 8-channel surround sound, stereo system with additional surround speakers, or stereo system only.



It is preferable to perform on a grand piano with the lid removed, and silk placed on the strings (to create a low-sensory, upright felt piano style sound). However we are mindful of time considerations (it takes up to 1 hour to install) and piano preparation restrictions. Performance on a usual piano is OK. A digital piano version is possible for festival stages and community spaces.

[This video](#) explains Nat's approach to performances of *Forever Changed*.

RELAXED SHOW SETTINGS

Lighting/video:

- Low, ambient lighting throughout performance (pink colours only - to accommodate blue light frequency sensitivities)
- Little/no spot lighting on Nat, instead illuminated by LED fairy lights and candles*
- Front rows of seating removed (black box/in the round - to allow space for movement and beanbags)
- Sensory video projections
- Printed visual concert notes** provided ([an example here](#) - to prepare audience for changes in sound and video)



Sound:

- Slightly lowered volume level
- Ambient loop in surround as pre-show music - to get used to the sound before the concert
- 'Felt' piano sound if possible

Sensory supports

- Beanbags* (full or partial memory foam - to minimise noise of beans)
- Additional cushions as available at venue
- Baskets of fidget tools* (to allow audience members to regulate)
- Free access to a quiet space (so audience members can have a break from the environment, including before/after show)
- Reduced venue capacity

Pre-arrival materials for ticket holders

- Social story ([an example here](#) - so audience members can feel prepared, reduce anxiety, know where to go)**
- Welcome video by Nat (optional)



- Walkthrough video into venue (optional)
- Map layout of venue, toilets, bar, etc (optional)

Adjusted audience expectations:

- Audience allowed to arrive/leave any time
- Audience allowed to make noise/move around
- Audience allowed to bring their own quiet sensory tools or toys

Concert times:

Matinee or evening (neurodivergent adults often have jobs!)

Flexible duration (to respond to how audience is going)

**Nat is able to provide 6 x beanbags, LED lighting and fidget tools at local performances*

***Nat can draft these documents to share with venue/presenter*

GENERAL SHOW SETTINGS:

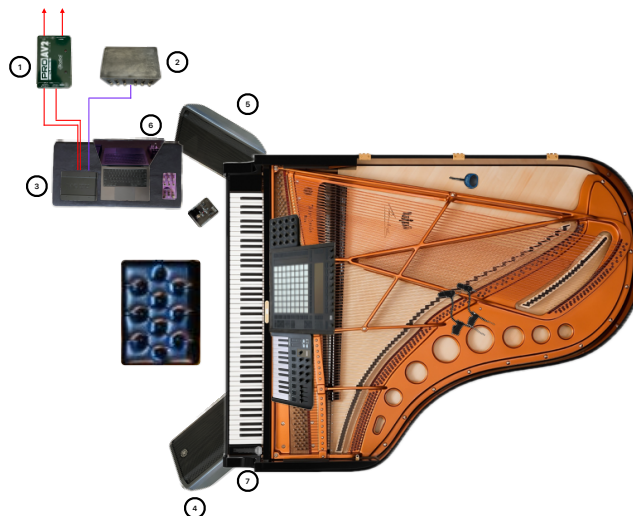
- Very low ambient lighting (colours can change, and house can be dark if preferred during performance)
- Regular seating (theatre, black box style or in-the-round)
- Sensory video projections (same as Relaxed)
- Ambient loop as pre-show music (optional)
- Audience should still have a relaxed experience and support their sensory needs: fidget tools are welcome, latecomers OK, etc

NAT BARTSCH ACCESS RIDER:

- Photos of front and back of house areas sent to promoter or Nat before show day
- Information about access to food/drink (at venue or close by) sent to promoter or Nat before show day
- Access to own quiet space or dressing room away from staff and concertgoers
- ! hour + break before/between performances
- Local accommodation made available the night before touring daytime performances



Eight channel show configuration shown. The show can easily be performed in either 6 or 4 channel configurations as well as stereo.



Input list for Eight Channel show.

- 01. Piano DPA 4099 - (Venue to Supply)
- 02. Piano DPA 4099 - (Venue to Supply)
- 03. Surround 01 } (Radial D.I See 1 Artist will Supply)
- 04. Surround 02 }
- 05. Surround 03 }
- 06. Surround 04 }
- 07. Surround 05 }
- 08. Surround 06 }
- 09. Surround 07 }
- 10. Surround 08 }
- 11. SM58 hand held Talk Mic. (See 7)

Output list.
1/2 Stereo Feed to monitors. See 4 & 5

Video
HDMI output from Laptop See 6

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